

# **The Pulse Nightclub and life after**

The tragic attack on the Pulse nightclub on June 12, 2016, left 49 dead and 68 injured, marking it as one of the worst mass shootings in U.S. history. This training session will reflect on the incident and provide strategies for coping with its aftermath, alongside addressing critical mental health challenges faced by law enforcement.

## **Why Attend?**

Police officers are 54% more likely to die by suicide than the average American—a staggering and sobering statistic. This training not only equips you with tools to enhance your professional resilience but also provides strategies that could transform your personal life.

Join us for this vital opportunity to learn from experienced professionals and take steps toward a healthier, more resilient future.

We look forward to seeing you there.